What's Happening

University of California San Francisco

SEPTEMBER/ OCTOBER 1983

FILMS

COLE HALL CINEMA

All films are shown in Cole Hall, Medical Sciences building, 513 Parnassus Ave. Children under 14 $1.25; UCSF students & Millberry Union members $1.75; general $2.25. For further information call 666-2019.

Thurs., Sept. 29: **Das Boot.** 5:45 p.m.

Fri., Sept. 30: **Das Boot.** 6:30 & 9 p.m.

Fri., Oct. 7: **Zorba the Greek.** 6:30 & 9 p.m.

Thurs., Oct. 20: **The Verdict.** 5:45 p.m.

Fri., Oct. 21: **The Verdict.** 6:30 & 8:45 p.m.

Thurs., Oct. 27: **Tootsie.** 5:45 & 8 p.m.

Fri., Oct. 28: **Tootsie.** 6:30 & 8:45 p.m.

COMMUNITY HEALTH EDUCATION PROGRAMS

All lectures are free and geared to senior citizens. Topics are subject to change. For further information and exact dates and times call 666-3206.

September

Sexual Health. Nutrition for the Elderly, 125 Valencia St.

Relieving Tension Through Music. Seventh Ave. Presbyterian Church Senior Center, 1329-7th Ave.

October

Hearing. Nutrition for the Elderly, 125 Valencia St.

Kidney & Urinary Tract/Incontinence. Noe Valley Senior Center, 1021 Sanchez St.

Back Problems. Haight-Ashbury Senior Center, 1350 Waller St.

Parents & Children in Later Life. California League for the Handicapped, 1299 Bush St.

SPECIAL EVENTS / DATES

Thurs., Sept. 22: **Millberry Union Registration for Children's Classes.** Millberry Union members & students only; general registration, Sept. 23. Register at Millberry Union Central Desk, 500 Parnassus Ave. 8 a.m.-2 p.m. and 4-7 p.m. For complete listing of children's classes call 666-1800 or 666-2571.

Fri., Sept. 23: **The Toons.** Original musical material. UCSF students & Millberry Union members, $2; general, $2.50. Reception 5 p.m.; concert 5:30 p.m. Millberry Union Cafeteria, 500 Parnassus Ave. 7:30 p.m.

Mon., Sept. 26: **Millberry Union Registration for Adult Classes.** Millberry Union members & students only; general registration, Sept. 27. Register at Millberry Union Central Desk, 500 Parnassus Ave. 8 a.m.-2 p.m. and 4-7 p.m. For a complete listing of adult classes call 666-1800 or 666-2571.

Wed., Sept. 28: **Secrets in the Sand.** A musical-mystery by The San Francisco Mime Troupe. UCSF students & Millberry Union members, $1; general, $2. Millberry Union Gym, 500 Parnassus Ave. 5:30 p.m.

Thurs., Sept. 29: **Informational meeting to discuss campus Long Range Development Plan, proposed Vision Research Center and Poly High Site.** HSW 302 at noon, and Laguna Honda School, 1350 Seventh Ave. at 7:30 p.m. (See news item for details.)

Sat., Oct. 1: **Dedication of the new Joseph M. Long Hospital.** Free informal lunch, tours & exhibits. Ceremonies begin at 11 a.m. (See news item for details.)

Fri., Oct. 7: **Gordon Tomkins Lecture & Concert: Thinking About the Brain.** Francis Crick, University College, London. Followed by Jean-Yves Thibaudet, pianist from France, performing works of Schubert, Debussy & Liszt. Cole Hall. 3 p.m. Free.

Mon., Oct. 10: **Blood Donation Day.** Donate at either the Millberry Union main lounge, 500 Parnassus Ave., 8 a.m.-3 p.m., or the mezzanine level, School of Nursing building, (enter through 521 Parnassus Ave.), 11 a.m.-5:30 p.m. Donors wishing to make an appointment should call 666-4013. Donors are asked to bring personal ID.

Mon., Oct. 10: **Lecture by Fran Lebowitz.** Her humorous views of metropolitan life. UCSF students & Millberry Union members, $1; general, $2. Cole Hall, 513 Parnassus Ave. 5:30 p.m.

Wed., Oct. 19: **Longevity: Fulfilling Our Biological Potential.** A slide/lecture on how to extend life expectancy by practical means. Toland Hall, 533 Parnassus Ave. 7:30 p.m. Free.

Wed., Oct. 26: **The San Francisco Guitar Quartet.** A chamber music performance. UCSF students & Millberry Union members, $2.50; general, $3. Millberry Union Lounges, 500 Parnassus Ave. Reception, 5 p.m.; concert, 5:45 p.m. (Partial funding by the UCSF Library's Sarah B. Childs Chamber Music Fund.)

OUTDOORS UNLIMITED/ WILDERNESS EXCHANGE

Outdoors Unlimited is located at 24 Kirkham St. Sign up for summer activities, Monday to Friday, from 11:30 a.m. to 1:30 p.m. or 4 to 6 p.m. Two-week advance registration is required for most events. For further information call 666-2078.

Tues., Sept. 13: **Outdoors Unlimited Quarterly Get Together.** Millberry Union Lounges, 500 Parnassus Ave. 7 p.m.

Wed., Sept. 14: **Windsurfing Clinic & Kayak Roll Session.**

Thurs., Sept. 15: **CPR Clinic.**

Sat. & Sun., Sept. 17 & 18: **Windsurfing Clinic, Car Camping** (Lake Alpine), **Canoeing and Kayaking** (Rogue River), **Big Boat Sail & Bicycling** (Sierra Foothills).

Mon., Sept. 19: Sign-ups begin for: **Moving Water Kayak Clinic, Jughandle Farm Revisited, Evening Sail & Bay Sail.**

Tues., Sept. 20: **Outdoors Unlimited Meeting: Baja or Bust.** Madrone Room, Millberry Union, 500 Parnassus Ave. 7 p.m.

Wed., Sept. 21: **Kayak Roll Session.**

Thurs., Sept. 22: **CPR Clinic.**

Sat., Sept. 24: **Outdoors Unlimited Benefit Boogie.** $4.50 donation. Millberry Union Lounges, 500 Parnassus Ave. 7 p.m.

Sun., Sept. 25: **Bicycling** (Morgan Territory); **Day Hike** (Mount Tamalpais).

Mon., Sept. 26: Sign-up begins for: **Bicycling** (Delta Islands).

Wed., Sept. 28: **Moving Water Kayak Session.**

Thurs., Sept. 29: **Advanced First Aid.**

Sat., Oct. 1: **Rafting American River, Jughandle Farm & Moving Water Kayak.**

Sun., Oct. 2: **Bay Sail.**

Thurs., Oct. 6: **Advanced First Aid.**

Sat., Oct. 8: **Bicycling** (Delta Islands).

Sun., Oct. 9: **Moving Water Kayak.**

SELF DEFENSE WORKSHOPS

Class size is limited & pre-registration is required. Fees must be received prior to the class or the space will be reassigned. Fees will be refunded if cancellation takes place one week prior to the class starting date. For further information & pre-registration call 666-5683.

Sat., Sept. 24: **Co-ed Self-defense Workshop.** $5 campus community; $25 general. 9 a.m.-5 p.m.

Wed., Sept. 28 orTues. Oct. 15: **Tear Gas Class.** Discussion & demonstration of tear gas use. $10. Noon-3 p.m.

Tues., Oct. 4-Nov. 22 or Wed., Oct. 5-Nov. 23: **Self-defense Class for Women.** $20 campus community; $40 general. 6-9 p.m.

FREE NOON EVENTS

Thurs., Oct. 20: **Khadra International Folk Ballet.** Lecture/dance presentation. Millberry Union Gym, 500 Parnassus Ave.

Tues., Oct. 25: **In Search of the Snow Leopard.** Lecture/slide presentation by Robert Holmes, one of Britain's most accomplished wilderness photographers. Room 303 Health Sciences West (enter through Medical Sciences lobby, 513 Parnassus Ave.).

FOLK DANCING

Learn folk dancing from various parts of the world. No partner needed and everyone is welcome to attend. Held every Tuesday in the Millberry Union Gym, 500 Parnassus Ave. Noon-1:30 p.m. Special instructions for beginners 12:10-12:30 p.m.

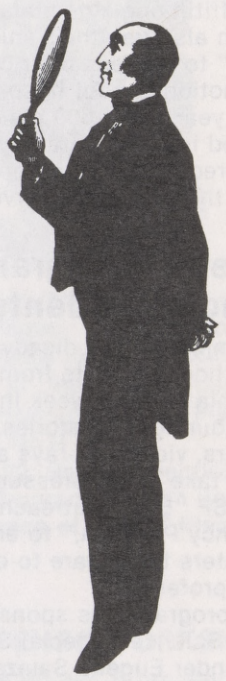
TOURS

CAMPUS TOURS

All tours are free and take place at 1 p.m. on Tuesdays, September 6, 13, 20, 27 and October 4, 11, 18 and 25. Meet in the lobby of the Medical Sciences building, 513 Parnassus Ave. For further information call 666-4394.

BROWN BAG TOURS / LECTURE SERIES

All lectures are free and held on Wednesdays at noon in Room 303 Health Sciences West (enter through Medical Sciences lobby, 513 Parnassus Ave.). Tapes of all talks are available for listening in the UCSF Library, SIMA Unit, Room 345 Health Sciences East. For further information call 666-4394.



Sept. 7: **If I'm so Wonderful Why Am I Still Single?**

Sept. 14: **Your Dentist as a Lifelong Friend.**

Sept. 21: **Free Yourself to Write.**

Sept. 28: **Herpes Virus Infections.**

Oct. 5: **A Positive Approach to Aging.**

Oct. 12: **Being a Successful Parent.**

Oct. 19: **Insomnia: Managing Emotions to Improve Sleep.**

Oct. 26: **Living with Myself & Liking It.**

UCSF

University of California, San Francisco

. . . A Health Sciences Campus

TO OUR NEIGHBORS

RUSH—TIME DATED
SEPTEMBER—OCTOBER 1983

UCSF
University of California San Francisco
News and Public Information Services
532 Parnassus Avenue, San Francisco, CA 94143

Puppet Therapy Grant

The UCSF Puppet Therapy Program has received a $25,000 grant from the Louis B. Mayer Foundation of Beverly Hills.

Organized in 1969, the program uses trained puppeteers to demonstrate to young surgery patients the treatment and medical care they will receive in the Moffitt/Long Hospitals. The children also use their animal "puppet friends" to express their own feelings and emotions about hospitalization.

Last year some 500 children participated in the program, which is sponsored by Nursing Services and is part of the Child Life Services.

Outreach Program Attracts Students

Thirty minority and disadvantaged high school students from Northern California spent a week in July at UCSF touring laboratories, attending seminars, viewing X-rays and learning how to take blood pressure, as part of the UCSF "Early Outreach Summer Residency Program," to encourage the youngsters to prepare to enter a health profession.

The program was sponsored by the Health Sciences Special Services program under Eugene Salazar, assistant dean of students.

The students, who will begin their high school junior year this fall, were selected from the "Early Outreach" programs at UC-Davis, Santa Cruz and Berkeley.

Also, the Employment Division of the Personnel Department has opened a new satellite office at the Center for Educational Development (CED), 1855 Folsom Street, to provide personnel services to minorities and UCSF employees at CED and SFGH. Services include job announcements, application information, screening interviews, job counseling, transfer and promotion information and interviewing workshops.

"Heart-Healthy" Habits for Preschoolers

Three years old is not too young to start learning how to maintain a healthy heart, according to UCSF assistant professor of Clinical Pharmacy Linda Bernstein. "They're already developing habits that will stay with them for a lifetime," she adds.

With a special $142,000 Youth Project Grant from the SF chapter of the American Heart Association, Bernstein plans to develop programs to be used by teachers and parents to educate preschool youngsters in cardiovascular health.

The curriculum will consist of a short film or video segment, or a series of mini-films, and an accompanying workbook to teach children how the heart works, what it sounds like, and how to maintain a healthy heart through exercise and limiting the amount of fats eaten. The films and workbook will be in English, Chinese and Spanish. She also hopes to involve parents and teachers in her efforts to make these habits an integral part of the child's life.

Break the Habit

The UCSF Habit Abatement Clinic now is accepting individuals between the ages of 21 and 55, who do not have high blood pressure, heart or lung disease or ulcers, into their stop smoking program. Women must not be pregnant.

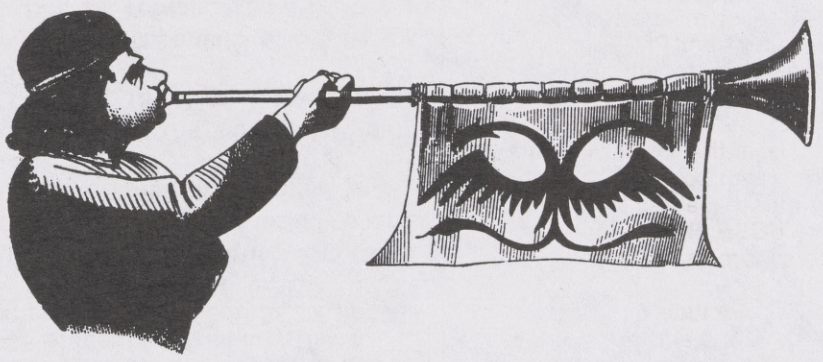
The clinic uses a behavioral approach including relaxation training and aversive smoking techniques, and a self-help approach which involves development of an individual plan to stop smoking. All patients use nicorette — a special gum designed to help the individual stop smoking. There is a $75 refundable deposit.

For further information call 681-8080, extension 453.

TO OUR NEIGHBORS

September & October, 1983, Vol. VIII, No. 5

Joseph M. Long Hospital Dedication Oct 1



The neighborhood is invited to attend the dedication of the new Joseph M. Long Hospital and modernized Herbert C. Moffitt Hospital on Saturday, October 1. Ceremonies will begin at 11 a.m. in the plaza northeast of the new emergency entrance. Invited speakers include Lt. Governor Leo McCarthy, Mayor Dianne Feinstein and Speaker Willie Brown, and among the guests will be state, civic, health and university notables.

There will be an informal lunch from noon to 2 p.m. in Saunders Court (enter through the Medical Sciences lobby, 513 Parnassus Ave.) and, tours and exhibits in the new and renovated areas of Herbert C. Moffitt and Long Hospitals. Tours will be from noon to 3 p.m. starting in the lobby of the Medical Sciences building. Cost of this special dedication has been underwritten by private donations.

The dedication of the new Joseph M. Long Hospital on October 1, 1983, and the concurrent modernization of Herbert C. Moffitt Hospital, mark the culmination of almost 15 years of discussion, planning, evaluation, fundraising and construction. No new beds were added. What has changed is the physical environment, which for the first time is up to the level of the excellent care given our patients by our faculty, nurses and staff — an environment which encourages the best in teaching and research, an environment which meets the psychological as well as the medical needs of our patients.

Today, the Moffitt/Long Hospital complex is a modern structure housing state-of-the-art technology, but also providing private and two-bed patient rooms, sunny day rooms, treatment and teaching conference rooms, diagnostic facilities close by, and all the other things that make a hospital stay as comfortable and pleasant as possible for patients.

Fourth Annual ICN Picnic

A festive reunion and "celebration of life" picnic for children who were patients in the Intensive Care Nursery (ICN) or Pre-term Labor Program at UCSF and their parents will be held on campus Saturday, September 10.

Sponsored by the UCSF Parent Support Group, this is the fourth annual reunion picnic, with some 500 children and their parents expected to attend, in addition to UCSF physicians and staff members from the ICN and Preterm Program.

The picnic will include puppeteers and clowns, balloons and hot dogs, face painting and games.

2,000th Kidney Transplant

The UCSF Kidney Transplant Unit marked its 2,000th kidney transplant surgery in late June. The largest program of its kind in the world, the service is the first to reach this number. Many UCSF transplant patients have now had functioning kidneys for more than 10 years.

Oscar Salvatierra, Jr., MD, chief of the Transplant Service, headed the transplant team for the recipient, and Nicholas Feduska, MD, headed the surgery team for the donor. The surgeries were completed without complication, they reported.

Established in 1964, the UCSF program now averages about 165 transplant surgeries a year, with about 40 percent of these involving living-related donors. All other transplant surgeries rely on cadaver kidneys.

Informational Meetings Sept 29

Two informational meetings for the neighborhood and campus community will be held on Thursday, September 29. The meetings will continue discussion of implementation of the campus' Long Range Development Plan, including a proposed Vision Center in one of the westside research modules. Also to be discussed will be negotiations with the SF Unified School District on the use of the Poly High School site for moderate cost housing for UCSF students, staff and young faculty.

The September meetings will be held on campus at noon in Room 302 Health Sciences West (enter through 513 Parnassus Ave.), and in the evening at 7:30 p.m in the Laguna Honda School community conference room, 1350 Seventh Avenue.

The meetings are part of a series of twin sessions to keep the campus and community informed about current UCSF planning developments, according to Tom Gwyn, assistant chancellor, Public Programs.